

## PATIENT INSTRUCTIONS FOR USE

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# TESTAVAN<sup>®</sup>

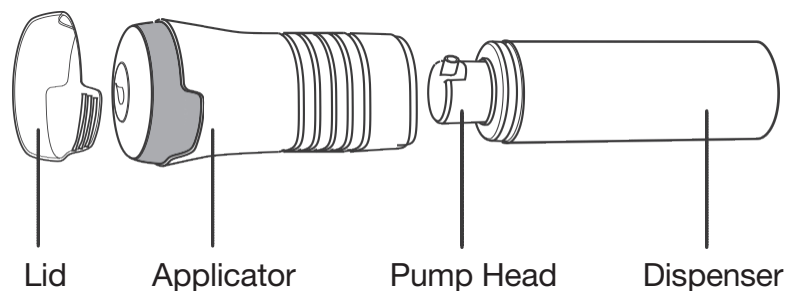
Testosterone 2% w/w gel

For transdermal use only.

### Supplies you will need

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- TESTAVAN gel pump kit. **See Figure A.**
- Box of tissues or disposable napkins.



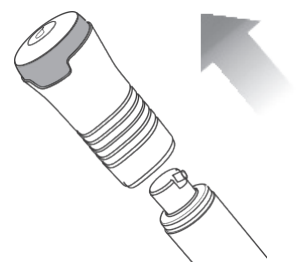
**Figure A**

### Priming your gel pump

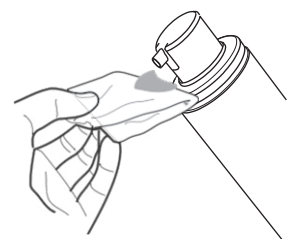
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Before you use a TESTAVAN dispenser for the first time, the pump head will need to be primed.

- Remove the applicator from the dispenser. **See Figure B.**
- Prime the dispenser by pressing the pump head all the way down over a tissue. Repeat until gel appears. **See Figure C.**
- Discard the initial gel and that from 4 additional pump actuations, to ensure correct dosing. **Do not use any TESTAVAN that was dispensed during priming.**
- Safely throw away the used tissue in a household rubbish bin to prevent accidental exposure to others including children and/or pets.
- Your TESTAVAN dispenser is now ready for use.



**Figure B**



**Figure C**

## For daily dosing follow Steps 1-4

### STEP 1: Preparing to apply your TESTAVAN gel

- Select a clean, dry, unbroken area of the skin on the upper arm and shoulder that would be covered by a short sleeve T-shirt. **See Figure D.**
- TESTAVAN gel should only be used on the upper arm and shoulder.
- Remove the applicator from the dispenser. **See Figure E.**
- Remove the lid from the applicator. **See Figure F.**

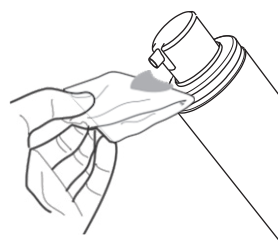


Figure C

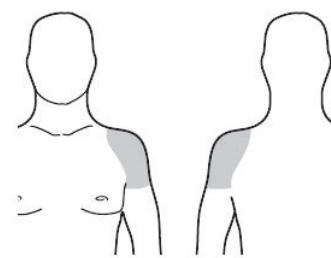


Figure D

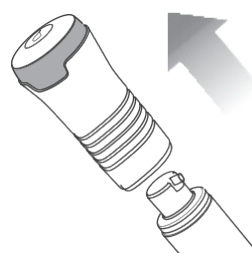


Figure E



Figure F

### STEP 2: Applying your TESTAVAN gel

- Hold the dispenser with the nozzle facing the applicator surface.
- Press the pump head all the way down once. **See Figure G.**
- Use the applicator to spread the gel evenly across one upper arm and shoulder, making sure not to get any gel on your hands. **See Figure H.**
- Clean up any spills with a tissue. Safely throw away the used tissue in a household rubbish bin to prevent accidental exposure to others including children and/or pets.



Figure G



Figure H

Find your dose as prescribed by your doctor in the table below.

Dose	Application method
23 mg (1 pump actuation)	Follow <b>Step 2</b> .
46 mg (2 pump actuations)	<b>Apply one actuation as described in Step 2. Repeat</b> to apply one actuation to the opposite upper arm and shoulder.
69 mg (3 pump actuations)	<b>Apply one actuation as described in Step 2. Repeat</b> to apply one actuation to the opposite upper arm and shoulder. <b>Repeat</b> again to apply the third actuation to the original upper arm and shoulder.

### STEP 3: Cleaning your TESTAVAN Applicator

- After use, clean the applicator with a tissue. **See Figure I.**
- Safely throw the used tissue away in a household rubbish bin. Be careful to prevent accidental exposure to others including children and/or pets.
- **REMEMBER** to put the lid back on the applicator and put the applicator back on the dispenser. **See Figure J.**
- Store the product safely and out of reach of children.



Figure I

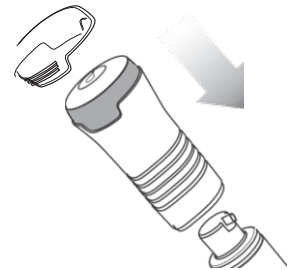


Figure J

### STEP 4: After applying your TESTAVAN

- **Wash your hands with soap and water immediately, if your hands came in contact with the gel.**
- TESTAVAN gel is flammable until dry. Let the TESTAVAN gel dry before smoking or going near an open flame.
- Let the application site dry completely before getting dressed.
- Wear clothing that covers the application site at all times to prevent accidental transfer to others.
- **Wait 1-2 hours** after applying TESTAVAN before showering, swimming or bathing.
- Wash the application site with soap and water or wear clothing covering the application site if skin-to-skin contact of the site with another person is anticipated.

## Storing your medicine

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Store below 25°C. Store in the original package.  
Once opened, do not use this product for longer than 60 days.

## Disposing your medicine

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Be sure to write the date on the dispenser bottle when you first open it. Any remaining product after 60 days or any expired product should be returned to your pharmacist for disposal.

Further information about this medicine is contained in the Consumer Medicine Information (CMI) for TESTAVAN Gel. The CMI is available from your pharmacist.



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